

# REIKI INFORMED CONSENT AND LIABILITY WAIVER

**Practitioner:** Anar Maurya

**Client Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## 1. Nature of Reiki

Reiki is a gentle, hands-on or hands-near energy technique intended to promote relaxation, stress reduction, and overall well-being. Reiki sessions are considered a complementary wellness practice and are not intended to diagnose, treat, cure, or prevent any disease.

Reiki should be used as a complement to conventional medical care, not as a substitute for medical diagnosis or treatment provided by licensed healthcare professionals. Clients are encouraged to consult their physician or other qualified healthcare providers for any medical or psychological concerns.

## 2. No Medical Advice

I understand that Anar Maurya is not a licensed physician, psychologist, or medical professional. Reiki services are provided for relaxation and wellness purposes only. I agree that I will not substitute Reiki sessions for professional medical treatment or mental health care.

## 3. Personal Responsibility

I understand that Reiki may produce various physical or emotional responses such as deep relaxation, emotional release, temporary fatigue, or shifts in mood. I accept full responsibility for monitoring my own physical and emotional condition before, during, and after the session.

## 4. Post-Session Awareness

Because Reiki can induce deep relaxation or altered states of awareness, it may not be advisable to drive immediately after a session. I acknowledge that it is my responsibility to assess my readiness to drive or operate a vehicle following the treatment.

## 5. Emotional and Mental Well-Being

I understand that emotional responses may occur following energy work. I acknowledge that Anar Maurya is not responsible for any changes in mood, emotional state, or mental well-being that may occur during or after a Reiki session.

## 6. Liability Waiver

I voluntarily agree to receive Reiki services and assume full responsibility for my participation. I release and hold harmless Anar Maurya from any and all liability, claims, damages, or injuries that may occur:

- During a Reiki session
- While on the premises where Reiki services are provided
- After a Reiki session

I acknowledge that participation in Reiki sessions is voluntary and undertaken at my own risk.

## 7. Consent

By signing below, I confirm that:

- I have read and understood this consent form.
- I understand the nature of Reiki and its role as a complementary wellness practice.
- I voluntarily consent to receive Reiki services from Anar Maurya.

**Client Signature:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_